



#critlib 2018-05-08: student wellness

176 Items

Archive of the May 8 2018 #critlib chat on student wellness, moderated by @midnorthwest @beastlibrarian @hailthefargoats. For more info about #critlib, including past and future chats, visit <http://critlib.org>.



Kristina Williams

@midnorthwest



I'm moderating a [#critlib](#) chat on student wellness, along w/the esteemed [@hailthefargoats](#) and [@beastlibrarian](#). Won't you join us? This Tuesday at 9pm EDT. We may or may not bring therapy dogs. [twitter.com/violetbfox/sta...](https://twitter.com/violetbfox/status/994444444444444444)

Violet Fox 🦊 @violetbfox

#critlib chat tomorrow (Tuesday) focusing on student wellness, moderated by @midnorthwest @beastlibrarian & @hailthefargoats. Check out readings & discussion questions at critlib.org/student-wellne... #LISmentalhealth

♡ 14 5:45 PM - May 7, 2018



[See Kristina Williams's other Tweets](#)



Hailley Fargo

@hailthefargoats



Hey [#critlib](#), today's the day. Come chat student wellness with myself, [@midnorthwest](#) and [@beastlibrarian](#) tonight at 6 pm Pacific / 7 pm Mountain / 8 pm Central / 9 pm Eastern

Readings and questions found here: critlib.org/student-wellne...

♡ 17 12:10 PM - May 8, 2018



[See Hailley Fargo's other Tweets](#)





Greg Bem
@bembrarian



There's a [#critlib](#) chat tonight on Twitter. If you've never done one, I know it can be intimidating. But the topic (student wellness) is great, and the Critlib community is great. And you are great. Let's bring that greatness together!

♡ 8 10:17 PM - May 8, 2018



[See Greg Bem's other Tweets](#)



Kristina Williams @midnorthwest · May 7, 2018



I'm moderating a [#critlib](#) chat on student wellness, along w/the esteemed [@hailthefargoats](#) and [@beastlibrarian](#). Won't you join us? This Tuesday at 9pm EDT. We may or may not bring therapy dogs. [twitter.com/violetbfox/sta...](https://twitter.com/violetbfox/status/992841111111111111)

Violet Fox 🐱 @violetbfox

#critlib chat tomorrow (Tuesday) focusing on student wellness, moderated by @midnorthwest @beastlibrarian & @hailthefargoats. Check out readings & discussion questions at critlib.org/student-wellne... #LISmentalhealth



Donovan Bisbee
@donovanbisbee

My [#critlib](#) question/thought is about how we intervene in wellness. Our interventions, therapy dogs and all, are typically reactionary. What would a campus move to proactively address and ensure student wellness look like? What would need to change?

♡ 5 12:08 AM - May 9, 2018



[See Donovan Bisbee's other Tweets](#)





Chelsea Heinbach

@chelseaheinbach



I'm at a student research award event tonight and I'm so sad I can't join, but you all should join so I can live vicariously through you! [#critlib](#)
twitter.com/hailthefargoat...

Hailley Fargo @hailthefargoats

Hey #critlib, today's the day. Come chat student wellness with myself, @midnorthwest and @beastlibrarian tonight at 6 pm Pacific / 7 pm Mountain / 8 pm Central / 9 pm Eastern

Readings and questions found here: critlib.org/student-wellne...

♡ 6 12:17 AM - May 9, 2018



[See Chelsea Heinbach's other Tweets](#)



Kristina Williams

@midnorthwest



Our critlib on student wellness begins in 30 minutes!
Questions and readings here: critlib.org [#critlib](#)

♡ 3 12:35 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)





madison
@beastlibrarian



you all almost ready 2 #critlib?! join me @midnorthwest & @hailthefargoats for a chat on libraries and student wellness starting in... 7 minutes?!



♡ 4 12:54 AM - May 9, 2018



 [See madison's other Tweets](#)



Kristina Williams
@midnorthwest



Hi #critlib! It's time for our chat on student wellness, moderated by myself, @beastlibrarian and @hailthefargoats. Before getting into the questions, let's begin by introducing ourselves.

I'm Kristina, journalism librarian at Columbia University. Who else do we have tonight?

♡ 5 1:00 AM - May 9, 2018



 [See Kristina Williams's other Tweets](#)





Hailley Fargo
@hailthefargoats



Hi [#critlib](#) I'm Hailley, one of the moderators for tonight's panel. I'm the Student Engagement Librarian at Penn State at the University Park campus. Excited to chat tonight!

♡ 7 1:01 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



madison
@beastlibrarian



Hi [#critlib](#)! I'm Madison, an academic librarian in Seattle, WA. This is my first time co-moderating a Twitter chat! ^_^ Thanks for joining us <3 The topic is close to my heart!

♡ 11 1:01 AM - May 9, 2018



[See madison's other Tweets](#)



Greg Bem
@bembrarian



Good evening, [#critlib](#)! My name's Greg and I am an instructional librarian and the library coordinator at [@TheLWTech](#) in Kirkland, WA. Student Wellness is something I think about probably more than once every hour of every day. This will be a very relevant conversation for me.

♡ 5 1:03 AM - May 9, 2018



[See Greg Bem's other Tweets](#)



Kristina Williams
@midnorthwest



If you would prefer to tweet anonymously during the [#critlib](#) chat, you can use the critlib anonymous Twitter relay: tinyurl.com/anoncritlib . Type your comments, and hit "Tweet". You'll see your tweet posted via the [@CritLib_anon](#) account.

♡ 3 1:04 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)





Kristina Williams

@midnorthwest



Welcome everyone! Remember to use the A1, A2, format for answering questions and use the [#critlib](#) hashtag in all your tweets. Now, to the questions!

♡ 2 1:05 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Kristina Williams

@midnorthwest



Q1. What do you consider to be the primary student wellness need for students on your campus? [#critlib](#)

♡ 2 1:05 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Steven R. Harris

@srharris19



Hello [#critlib](#) academic librarianbbhere. U Nevada Reno.

♡ 3 1:07 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)



Hailley Fargo

@hailthefargoats



Replying to @CharissaAPowell

Great point! The past two years I've been at PSU, I've heard a lot about our food pantry on campus — one of our senior class gifts is donating to help the pantry keep running [#critlib](#)

♡ 4 1:08 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)





Gina Murrell
@GinaMurrell1



Hi [#critlib](#)! I'm Gina, participating from the SF Bay Area. I've worked at academic libraries & am interested in tonight's topic.

♡ 5 1:08 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)



Bob Abbey
@bibliobobpdx



Hi, [#critlib](#)! I'm Bob, and I divide my time between community college and public library gigs in Portland, Oregon. I'm wearing my academic librarian hat tonight to talk about student wellness.

♡ 2 1:09 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)



Greg Bem
@bembrarian



A1. I really don't think there's any way to answer with only a single need. There are so many students who have so many needs. I think a sense of belonging and welcoming is the one that I pay attention to the most, and it relates to student identity and acceptance. [#critlib](#) twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q1. What do you consider to be the primary student wellness need for students on your campus? [#critlib](#)

♡ 4 1:09 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





madison
@beastlibrarian



A1 In WA state, 1/4 of college students report struggling with depression/anxiety ([washington.edu/news/2018/01/3...](http://www.washington.edu/news/2018/01/3...)), something like 1/3 of college students can't afford to eat ([consumeraffairs.com/news/over-a-th...](http://www.consumeraffairs.com/news/over-a-th...)) people can't afford college - this doesn't bode well for wellness
[#critlib](#)



Over a third of college students don't...

A new report finds many college students don't have enough to eat or enough money for a secure place to live as they pursue
[consumeraffairs.com](http://www.consumeraffairs.com)

♡ 5 1:09 AM - May 9, 2018



[See madison's other Tweets](#)



Hailley Fargo
@hailthefargoats



A1. There is a lot of pressure to succeed and be super involved. That definitely wears on students overtime
[#critlib](#)

♡ 8 1:10 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Kat Bell
@katkimbell



Hey [#critlib](#), I'm Kat in VA. My job is "other duties as assigned," but I'm also a student! So I'll be lurking as I do some classwork.

♡ 5 1:10 AM - May 9, 2018



[See Kat Bell's other Tweets](#)





Hailley Fargo
@hailthefargoats



Replying to @CharissaAPowell @bembrarian

Yes! And so much of the literature in residence life/student affairs talks about how students need to build that community in the first six weeks to stay through completing a degree [#critlib](#)

♡ 6 1:11 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Hailley Fargo @hailthefargoats · May 9, 2018



Replying to @CharissaAPowell @bembrarian

Yes! And so much of the literature in residence life/student affairs talks about how students need to build that community in the first six weeks to stay through completing a degree [#critlib](#)



madison
@beastlibrarian

Yes! I've read that as well. If you don't loop in early, less likely to complete the program.... [#critlib](#)

♡ 2 1:12 AM - May 9, 2018



[See madison's other Tweets](#)



Kristina Williams
@midnorthwest



Q2. What populations are often overlooked in conversations about student wellness? [#critlib](#)

♡ 2 1:12 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Steven R. Harris
@srharris19



[#critlib](#) A1. Healthy, welcoming, inclusive environment. "It's safe to learn here. "

♡ 3 1:12 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)





Gina Murrell
@GinaMurrell1



A1. For black students at PWIs (predominantly white institutions), a definite wellness issue is finding community & support. [#critlib](#)

♡ 15 1:13 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)



madison
@beastlibrarian



Q2 Undocumented students. [#critlib](#)

♡ 6 1:13 AM - May 9, 2018



[See madison's other Tweets](#)



Hailley Fargo
@hailthefargoats



Replying to @CharissaAPowell @bembrarian

I also spent time in Residence Life during grad school. So many great connections between their work and our work! [#critlib](#)

♡ 6 1:13 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Hailley Fargo
@hailthefargoats



A2. Students that appear to have it “all together” [#critlib](#)

♡ 3 1:16 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Steven R. Harris
@srharris19



[#critlib](#) A2. So many.

♡ 2 1:16 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)





Kate Crowe 🌿🍂🍁
@kcrowe



oi! I'm Kate and I'm an academic archivist in Denver, joining a bit late. #critlib

♡ 4 1:17 AM - May 9, 2018



[See Kate Crowe 🌿🍂🍁's other Tweets](#)



Greg Bem
@bembrarian



A2. Populations whose members voices you don't hear or see. The silenced. The suppressed. The forgotten. The overlooked exist everywhere. I find the most difficult thing is not discovering them because marginalization has gone so far before I even started looking. #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q2. What populations are often overlooked in conversations about student wellness? #critlib

♡ 3 1:17 AM - May 9, 2018



[See Greg Bem's other Tweets](#)



Bob Abbey
@bibliobobpdx



A1. I think one of the main wellness needs for our students is a place where they can forget about being a student and just BE! #critlib

♡ 7 1:17 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)



madison
@beastlibrarian



Replying to @CharissaAPowell

Returning adults will often have a full time job and a family to take care of, so they have all of these other concerns in their lives. School is just ONE of those, and often has to take a backseat #critlib

♡ 7 1:19 AM - May 9, 2018



[See madison's other Tweets](#)





Gina Murrell

@GinaMurrell1



A2. I've seen emphasis on student wellness mostly around finals. What's being done to support students year-round? [#critlib](#)

♡ 36 1:19 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)



Gina Murrell @GinaMurrell1 · May 9, 2018



A2. I've seen emphasis on student wellness mostly around finals. What's being done to support students year-round? [#critlib](#)



Hailley Fargo

@hailthefargoats

Great Q. The literature has a lot about extended hours during finals or therapy animals, but less about how we can support students during those stressful times (which aren't always at the end of the semester) [#critlib](#)

♡ 7 1:20 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Patricia Hswe

@pmhswe



Hi, all - joining [#critlib](#) late. I'm Patricia Hswe, program officer in NYC.

♡ 6 1:20 AM - May 9, 2018



[See Patricia Hswe's other Tweets](#)





Kate Crowe 🌿🍂🍁
@kcrowe



A1. Available/affordable mental health support, though as @GinaMurrell1 pointed out, rightly, having a comm of support for students who are members of historically marginalized groups on campuses where they're a minority (race/class/gender, etc.) is imp for mental health. #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q1. What do you consider to be the primary student wellness need for students on your campus? #critlib

♡ 9 1:21 AM - May 9, 2018



[See Kate Crowe](#) 🌿🍂🍁's other Tweets



Bob Abbey @bibliobobpdx · May 9, 2018



A1. I think one of the main wellness needs for our students is a place where they can forget about being a student and just BE! #critlib



Greg Bem
@bembrarian

I agree, Bob. There are many hierarchies defined by the relationships students have with non-students (such as educators, administrators, and financiers). Where is the human element? Where are the individuals able to be individuals? #critlib

♡ 2 1:21 AM - May 9, 2018



[See Greg Bem's other Tweets](#)



Patricia Hswe
@pmhswe



#critlib These may already have been mentioned: continuing ed students, international students, immigrant students. For some, "wellness" is taken for granted. twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q2. What populations are often overlooked in conversations about student wellness? #critlib

♡ 13 1:22 AM - May 9, 2018



[See Patricia Hswe's other Tweets](#)





Gina Murrell @GinaMurrell1 · May 9, 2018



A2. I've seen emphasis on student wellness mostly around finals. What's being done to support students year-round? #critlib



Greg Bem
@bembrarian

The library tries to create support structures through events and programming from the very first day. We open our arms early and let them know our arms are always open. It becomes a culture of warmth. I know not every library strives for this, but we do. #critlib

♡ 4 1:22 AM - May 9, 2018



See Greg Bem's other Tweets



Bob Abbey
@bibliobobpdx



A2. I think our campus does a really good job addressing visible needs, but I don't think they probe much below the surface to identify some of the hidden concerns our students might not present. #critlib

♡ 3 1:23 AM - May 9, 2018



See Bob Abbey's other Tweets



Patricia Hswe @pmhswe · May 9, 2018



#critlib These may already have been mentioned: continuing ed students, international students, immigrant students. For some, "wellness" is taken for granted. twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q2. What populations are often overlooked in conversations about student wellness? #critlib



Greg Bem
@bembrarian

And for some "wellness" isn't even an expectation, sadly :(#critlib

♡ 1 1:23 AM - May 9, 2018



See Greg Bem's other Tweets





Hailley Fargo
@hailthefargoats



Replying to @curlsinthelib

Agreed. They are looking at the visible product, not the context that led up to what's happening at the moment
[#critlib](#)

♡ 4 1:24 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



madison
@beastlibrarian



Q2 random: couldn't stand instructors who treated students like college had to be #1 priority. They had no idea what was going on in my life. worked 2-3 jobs. was taking care of my dad when he was diagnosed w 2 forms of cancer. Sorry, school was not #1 priority. 😞 [#critlib](#)

♡ 59 1:25 AM - May 9, 2018



[See madison's other Tweets](#)



Kristina Williams
@midnorthwest



Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? [#critlib](#)

♡ 4 1:25 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Greg Bem
@bembrarian



Replying to @chiuchiutrain

This really resonates with me. My whiteness as creating a standard of wellness I project onto everyone, as the unconscious default. Really hard to critically assess when I know what I "like" and want it perpetuated. Colonialist, maybe? [#critlib](#)

♡ 1 1:26 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





Kate Crowe 🌿🍂🍁
@kcrowe



A2. I'll echo several other people and say nontrads, transfers, students w/dependents - in many cases, anyone who doesn't fit into the "four-year, traditional domestic student" mold. #critlib
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q2. What populations are often overlooked in conversations about student wellness? #critlib

♡ 8 1:26 AM - May 9, 2018



[See Kate Crowe](#) 🌿🍂🍁's other Tweets



Steven R. Harris
@srharris19



I went to college 70s/80s and always felt ill at ease. Students now live in a different world. I'm in awe of them. I would be a total wreck as a student these days.
#critlib

♡ 7 1:26 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)



Bob Abbey
@bibliobobpdx



A3. We pay lip service to accessibility in our library, but we still have an adaptive computer at a table with cables and barriers that isn't hooked up to a networked printer.
#critlib

♡ 3 1:27 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)





Sam
@Sam_Winn



A2 disabled students / folks with chronic illness. What if their best day is never "enough"?

[#critlibtwitter.com/midnorthwest/s...](#)

Kristina Williams @midnorthwest

Q2. What populations are often overlooked in conversations about student wellness? #critlib

♡ 18 1:28 AM - May 9, 2018



[See Sam's other Tweets](#)



Hailley Fargo
@hailthefargoats



Q3: I get frustrated with the attitude that "this is normal." That students should be running around, non-stop until the semester ends. I often hear students say that after the semester they're going to "sleep for a week" to get readjusted #critlib

♡ 28 1:29 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Greg Bem
@bembrarian



A3. There are never enough student voices present, and even those who are aware of the lack of student voices continually struggle to find student voices to be part of the conversation. [#critlib twitter.com/midnorthwest/s...](#)

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? #critlib

♡ 6 1:29 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





Sam
@Sam_Winn



Hey [#critlib](#). I'm crashing your tweet party from SW Virginia to talk student wellness.

♡ 6 1:30 AM - May 9, 2018



[See Sam's other Tweets](#)



Greg Bem @bembrarian · May 9, 2018



A3. There are never enough student voices present, and even those who are aware of the lack of student voices continually struggle to find student voices to be part of the conversation. [#critlib](#) [twitter.com/midnorthwest/s...](#)

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? [#critlib](#)



Hailley Fargo
@hailthefargoats

Student voices are SOOOO important. They provide such valuable insight and gives us an idea of what difference college experiences look like at our campuses [#critlib](#)

♡ 4 1:30 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)





Sam @Sam_Winn · May 9, 2018

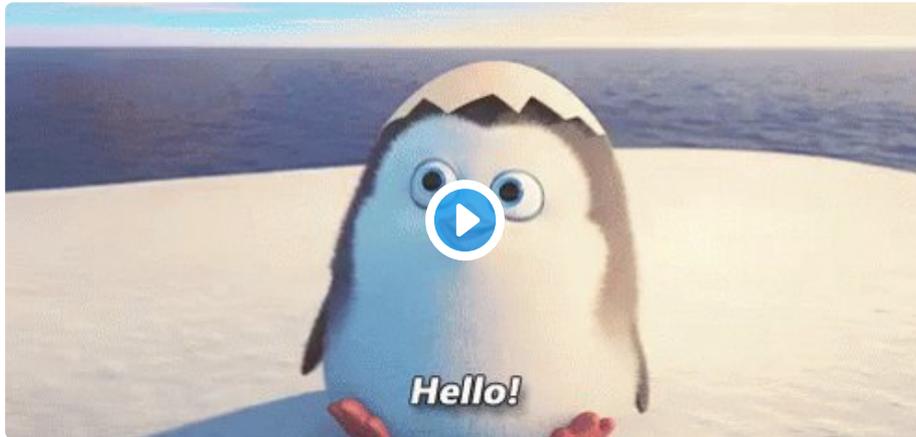


Hey #critlib. I'm crashing your tweet party from SW Virginia to talk student wellness.



Hailley Fargo
@hailthefargoats

Welcome! We're glad you're here #critlib



♡ 2 1:31 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



liz chenevey
@gnomadlibrarian



Hi #critlib, I forgot this was happening! I'm Liz, I'm an academic librarian in Virginia. I liaise w/psychology and am interested in wellness and mindfulness so I'm stoked about this topic!

♡ 4 1:31 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Gina Murrell
@GinaMurrell1



A3. Massages & therapy dogs are good short-term solutions, but what about providing/being a mentor? POC/LGBTQ therapists at on-campus counseling centers? Food banks for students? #critlib

♡ 31 1:31 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)





Kristina Williams

@midnorthwest



A3: While intentions are good, efforts aren't coordinated across campus. This often means wellness events don't receive visibility or attention to support those that need it the most [#critlib](#)

♡ 12 1:32 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Hailley Fargo

@hailthefargoats



Replying to @CharissaAPowell @bembrarian

They are soooo much more than “just” a student. My undergrad experience was enhanced by having an opportunity to be a student voice in those settings so I do my best to make sure students feel valued in those settings [#critlib](#)

♡ 2 1:33 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



liz chenevey

@gnomadlibrarian



A1. Talking with psych professors, I'm becoming increasingly aware of the lack of affordable options for mental health support both on campus & in the community. Especially those without a super long waitlist. [#critlib](#)

♡ 9 1:34 AM - May 9, 2018



[See liz chenevey's other Tweets](#)





liz chenevey @gnomadlibrarian · May 9, 2018



A1. Talking with psych professors, I'm becoming increasingly aware of the lack of affordable options for mental health support both on campus & in the community. Especially those without a super long waitlist. #critlib



Hailley Fargo
@hailthefargoats

Yes or a limit on how many sessions are free per semester/year #critlib

♡ 3 1:34 AM - May 9, 2018



See Hailley Fargo's other Tweets



Dr. April C. Armstrong
@AprilCArmstrong



Hello, #critlib. I work in public services at Princeton's Mudd Library but expect mostly to lurk. Glad to see this topic discussed!

♡ 4 1:34 AM - May 9, 2018



See Dr. April C. Armstrong's other Tweets



Sam
@Sam_Winn



Access to food. Affordable medical care. Freedom to fail. To regularly see oppressors held accountable and removed from power. #critlibtwitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q1. What do you consider to be the primary student wellness need for students on your campus? #critlib

♡ 11 1:35 AM - May 9, 2018



See Sam's other Tweets





madison
@beastlibrarian



Replying to @curlsinthelib

I studied art history... space matters sooooo damn much in more ways than I think libraries/librarians realize. Space SPEAKS. #critlib

♡ 4 1:35 AM - May 9, 2018



See madison's other Tweets



Kate Crowe 🌿🍂🍁
@kcrowe



A3. More that I don't see it discussed a lot - the impact of the adjunctification of faculty on the quality of the student experience. Faculty struggling to survive don't have the ability to be fully present for their students when they're needed. #critlib

twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? #critlib

♡ 13 1:35 AM - May 9, 2018



See Kate Crowe 🌿🍂🍁's other Tweets



Kristina Williams
@midnorthwest



Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? #critlib

♡ 4 1:36 AM - May 9, 2018



See Kristina Williams's other Tweets





madison
@beastlibrarian



I feel like many of our student's wellness issues could be solved in universities and libraries if we had MOAR socialism in the US. Hahaha, sorry, just gonna go out and say that. Healthcare for all. University education for all. Family/medical leave for all... [#critlib](#)

♡ 27 1:37 AM - May 9, 2018



[See madison's other Tweets](#)



liz chenevey
@gnomadlibrarian



A2. Nontraditional students, i.e. adults, transfers, parents!! I really wish we had better ways of supporting students who are parents. There's so little empathy from faculty for students who may have to miss class or fall behind on assignments because of childcare. [#critlib](#)

♡ 7 1:37 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Gina Murrell @GinaMurrell1 · May 9, 2018



A3. Massages & therapy dogs are good short-term solutions, but what about providing/being a mentor? POC/LGBTQ therapists at on-campus counseling centers? Food banks for students? [#critlib](#)



Gina Murrell
@GinaMurrell1

A3.2 Are there campus buildings named for segregationists? Support renaming them. Show black students at PWIs especially that you care about their well-being at times other than just finals week. [#critlib](#)

♡ 11 1:38 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)



Steven R. Harris
@srharris19



A3. Discussed? [#critlib](#)

♡ 1 1:38 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)





Bob Abbey
@bibliobobpdx



A4. Absolutely! We tend to see students when they're feeling anxious and vulnerable about asking for help in an unknown environment. It's so important for us to honor and acknowledge those feelings and to create a climate of trust and belonging in that space. [#critlib](#)

♡ 5 1:39 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)



Dr. April C. Armstrong
@AprilCArmstrong



A4. I think the entire campus community should be trained to support student wellness, including the libraries. But that training needs to be more than one 3-hour seminar. [#critlib](#)

♡ 9 1:39 AM - May 9, 2018



[See Dr. April C. Armstrong's other Tweets](#)



Kristina Williams @midnorthwest · May 9, 2018



Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? [#critlib](#)



Mohamed Berray
@MohamedBerray

Libraries need to be mindful to the diversity of student needs, including wellness, and recognize patron constraints when they arise. If this means training then, ok. [#critlib](#)

♡ 6 1:39 AM - May 9, 2018



[See Mohamed Berray's other Tweets](#)





Sam
@Sam_Winn



A3 when wellness is treated like a means to a productive end. [#critlibtwitter.com/midnorthwest/s...](https://critlibtwitter.com/midnorthwest/s...)

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? [#critlib](#)

♡ 6 1:40 AM - May 9, 2018



[See Sam's other Tweets](#)



Patricia Hswe
@pmhswe



A4. Librarians could explore what their role in student wellness is & view fostering wellness as an opportunity to collaborate with other campus entities. [#critlib](#)

♡ 10 1:40 AM - May 9, 2018



[See Patricia Hswe's other Tweets](#)



Hailley Fargo
@hailthefargoats



A4: Yes! I totally agree with what [@CharissaAPowell](#) said about students as our priority. I also think this provides us with opportunities to collab with colleagues across the institution, who have expertise where we don't about wellness [#critlib](#)

♡ 5 1:40 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)





madison @beastlibrarian · May 9, 2018



I feel like many of our student's wellness issues could be solved in universities and libraries if we had MOAR socialism in the US. Hahaha, sorry, just gonna go out and say that. Healthcare for all. University education for all. Family/medical leave for all... #critlib



madison
@beastlibrarian

Until these are better funded, the lack of access will create enormous barriers. How can students succeed if they have to work a million jobs to afford college? If they can't afford their medical bills or the medical bills of their loved ones? Or can't afford childcare?? #critlib

♡ 13 1:41 AM - May 9, 2018



See madison's other Tweets



liz chenevey
@gnomadlibrarian



A3. I agree with @GinaMurrell1, there are a lot of (great!) short term solutions like therapy animals near finals. My library does it & I also benefit from those programs, BUT we aren't changing the culture that's causing the stress in the first place. #critlib 1/

♡ 3 1:41 AM - May 9, 2018



See liz chenevey's other Tweets



Kate Crowe 🌿🍂🍁
@kcrowe



A4. Yes AND advocate for better resourcing for licensed social workers, psychologists, etc. We need to remind admins that uni need more people trained to support student wellness so we can spend our time supporting information and research needs. #critlib
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? #critlib

♡ 8 1:42 AM - May 9, 2018



See Kate Crowe 🌿🍂🍁's other Tweets





Bob Abbey
@bibliobobpdx



A5. I recently started adding short (3-5 minute) guided breathing exercises to the beginning of my instruction sessions. I ask students to find a space in the room away from a computer where they can sit comfortably and relax their minds. 1/2 [#critlib](#)

♡ 14 1:42 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)



Steven R. Harris
@srharris19



A4. We should not think we are doing this in a vacuum. Collaboration/coordination with other units. [#critlib](#)

♡ 3 1:42 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)



Bob Abbey @bibliobobpdx · May 9, 2018



A4. Absolutely! We tend to see students when they're feeling anxious and vulnerable about asking for help in an unknown environment. It's so important for us to honor and acknowledge those feelings and to create a climate of trust and belonging in that space. [#critlib](#)



Dr. April C. Armstrong
@AprilCArmstrong

In some ways, having been both in front of the classroom and working with students one-on-one in our library, I think libraries may have a greater opportunity to help. But then again, special collections gives more individual attention than open stacks libraries do. [#critlib](#)

♡ 4 1:42 AM - May 9, 2018



[See Dr. April C. Armstrong's other Tweets](#)





Greg Bem
@bembrarian



A4. I'm not sure if a single training is the correct answer. I think the response to understanding and responding to student wellness requires a more consistent, systemic answer with many different types of efforts. Also: collaboration with non-librarians! [#critlib](#)
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? [#critlib](#)

♡ 2 1:43 AM - May 9, 2018



[See Greg Bem's other Tweets](#)



Bob Abbey @bibliobobpdx · May 9, 2018



A5. I recently started adding short (3-5 minute) guided breathing exercises to the beginning of my instruction sessions. I ask students to find a space in the room away from a computer where they can sit comfortably and relax their minds. 1/2 [#critlib](#)



Hailley Fargo
@hailthefargoats

I have started instruction classes with just asking students, "So how is today going?" and that has been a nice way to breathe a bit before diving into the lesson [#critlib](#)

♡ 9 1:44 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)





Sam
@Sam_Winn



A4 I think librarians should have professional training that helps them make humane and empathetic choices in our scope of practice. We should not pretend to be therapists lest we royally screw up a job we're not qualified for. [#critlibtwitter.com/midnorthwest/s...](#)

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? [#critlib](#)

♡ 14 1:44 AM - May 9, 2018



[See Sam's other Tweets](#)



madison
@beastlibrarian



A4 if we as librarians working in universities claim to care about "student success" we **have** to care about student wellness. You cannot separate the two. Read up, get trained, whatever you need to do y'all. We got work to do. Otherwise, you stop saying you care. [#critlib](#)

♡ 19 1:44 AM - May 9, 2018



[See madison's other Tweets](#)



Gina Murrell
@GinaMurrell1



A4. Simply having black/POC librarians on staff would go a long way. I know at least one black academic librarian who was approached by a black student to be their mentor. [#critlib](#)

♡ 69 1:45 AM - May 9, 2018



[See Gina Murrell's other Tweets](#)





Bob Abbey
@bibliobobpdx



A5. I remind them that when we're feeling stressed or overwhelmed, we often tend to neglect ourselves. Self-care is an important tool for dealing with difficult times in our lives. 2/ #critlib

♡ 3 1:45 AM - May 9, 2018



See Bob Abbey's other Tweets



Dr. April C. Armstrong
@AprilCArmstrong



I explain to the students I train to answer the phones that most of the time when a grad student calls with questions about dissertation submission, they're really looking for something to soothe their anxiety about their defense. So answer ?s but also encourage them. #critlib

♡ 11 1:45 AM - May 9, 2018



See Dr. April C. Armstrong's other Tweets



Kate Crowe 🌿🍂🍁 @kcrowe · May 9, 2018



A4. Yes AND advocate for better resourcing for licensed social workers, psychologists, etc. We need to remind admins that uni need more people trained to support student wellness so we can spend our time supporting information and research needs. #critlib
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? #critlib



Kate Crowe 🌿🍂🍁 @kcrowe

Librarians - public, academic, etc. are trying to be quasi-social workers, psychologists, nutritionists, etc. Should we support students? Yes. But we should also be angry as hell about that unraveled net. #critlib

♡ 24 1:45 AM - May 9, 2018



See Kate Crowe 🌿🍂🍁's other Tweets





liz chenevey
@gnomadlibrarian



A3. & it's hard to get my brain around addressing that root cause, especially as a librarian, who is faculty but often isn't seen as the same as other faculty on campus. Teaching faculty often don't want librarians telling them how to structure their courses. [#critlib](#) 2/

♡ 3 1:46 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Bob Abbey
@bibliobobpdx



A5. I then take them through a short breathing session and end by telling them that they can always take a few minutes during their day, no matter what they're doing, to breathe, relax their bodies, and focus their minds. 3/ [#critlib](#)

♡ 3 1:47 AM - May 9, 2018



[See Bob Abbey's other Tweets](#)



Bob Abbey @bibliobobpdx · May 9, 2018



A5. I recently started adding short (3-5 minute) guided breathing exercises to the beginning of my instruction sessions. I ask students to find a space in the room away from a computer where they can sit comfortably and relax their minds. 1/2 [#critlib](#)



Greg Bem
@bembrarian

Mindful librarianship? I was thinking about something along these lines, bringing meditation into instruction! Glad to see others are doing it too. [#critlib](#)

♡ 7 1:47 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





madison
@beastlibrarian



A4 I'm not saying that we as librarians need to be #1 place for student wellness on our campuses. But we have a role to play and we don't need to do it alone, as others are saying. For libraries to totally ignore student wellness is not a good look imo. [#critlib](#)

♡ 30 1:47 AM - May 9, 2018



[See madison's other Tweets](#)



liz chenevey
@gnomadlibrarian



A3. So I always fall back on other short term solutions, like helping cultivate mindful research & study practices. Also am learning more about trauma informed teaching, which may help, but it puts the onus on individual students, not the system causing them distress. [#critlib](#)
3/3

♡ 3 1:48 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Lisa Hinchliffe
@lisalibrarian



Hi [#critlib](#) - I'm a timezoned challenge infolit coordinator just catching up. So, mostly I'll be reading tonight.

♡ 6 1:48 AM - May 9, 2018



[See Lisa Hinchliffe's other Tweets](#)





madison @beastlibrarian · May 9, 2018



A4 I'm not saying that we as librarians need to be #1 place for student wellness on our campuses. But we have a role to play and we don't need to do it alone, as others are saying. For libraries to totally ignore student wellness is not a good look imo. #critlib



Hailley Fargo
@hailthefargoats

Yes, that's what I loved about the Rose, Godfrey, and Rose (2015) article — they talked about how wellness is a campus-wide responsibility (including the library) #critlib

♡ 6 1:49 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Hailley Fargo @hailthefargoats · May 9, 2018



Replying to @bibliobobpdx

I have started instruction classes with just asking students, "So how is today going?" and that has been a nice way to breathe a bit before diving into the lesson #critlib



Greg Bem
@bembrarian

Assuming the students are okay being a bit vulnerable around their peers and the educators, I think that's a great beginning to a session. I usually ask the students "casual" questions related to their time at the school. #critlib

♡ 4 1:49 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





Dr. April C. Armstrong

@AprilCArmstrong



A4, part two: The materials found in our library can be emotionally challenging for students/patrons. We confront the dark side of our institution, death, and tragedy of all kinds. I wish I had more training on how to support students/patrons when this is overwhelming. [#critlib](#) [twitter.com/midnorthwest/s...](#)

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? #critlib

♡ 4 1:49 AM - May 9, 2018



[See Dr. April C. Armstrong's other Tweets](#)



madison

@beastlibrarian



Yes! This means we as librarians need to advocate for change BEYOND our campuses and libraries. Politics matters. Policy matters. Our students are very much affected by this at the local, state, federal levels. Get political librarians! Work for change. [#critlib](#) [twitter.com/kcrowe/status/...](#)

Kate Crowe 🌿👩🏻📖🍁 @kcrowe

Replying to @kcrowe

Librarians - public, academic, etc. are trying to be quasi-social workers, psychologists, nutritionists, etc. Should we support students? Yes. But we should also be angry as hell about that unraveled net. #critlib

♡ 24 1:49 AM - May 9, 2018



[See madison's other Tweets](#)





Lisa Hinchliffe

@lisalibrarian



Not only timezone challenged but hashtag too ... so, now adding [#critlib](#) [twitter.com/lisalibrarian/...](https://twitter.com/lisalibrarian/)

Lisa Hinchliffe @lisalibrarian

Replying to @lisalibrarian

But, in case it might be useful (and apologies that is paywalled) - a piece I co-wrote a few years back w @LISafterclass - tandfonline.com/doi/full/10.10...

♡ 4 1:49 AM - May 9, 2018



[See Lisa Hinchliffe's other Tweets](#)



Kristina Williams

@midnorthwest



Q5. What do you do (or plan to do) to support student wellness on your campus? [#critlib](#)

♡ 4 1:50 AM - May 9, 2018



[See Kristina Williams's other Tweets](#)



Steven R. Harris

@srharris19



[#critlib](#) where'd that q5 go? :)

♡ 1:50 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)



liz chenevey

@gnomadlibrarian



A4. I guess I kinda answered this in 3.3, but I think we should def be mindful of student wellness in our teaching and reference work, for sure. Learn & implement trauma informed approaches. Know where to refer students in need & do so w/empathy. [#critlib](#)

♡ 3 1:51 AM - May 9, 2018



[See liz chenevey's other Tweets](#)





Greg Bem
@bembrarian



Replying to @MohamedBerray

Thank you! I agree completely. I think it's easier to carry the emotional weight of generosity and love in smaller schools where the librarian isn't overwhelmed with the total number of students. Might be more difficult in certain larger, busier environments. [#critlib](#) [#selfcare](#)

♡ 3 1:51 AM - May 9, 2018



[See Greg Bem's other Tweets](#)



Hailley Fargo
@hailthefargoats



A5: Continue making time for students. So when they come in needing to chat, I've got the time devoted to listen and help [#critlib](#)

♡ 6 1:51 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Jessica Schomberg
@schomj



A4. As a spoonie who's dealt with overbearing, well-meaning coworkers along with judgmental coworkers, I'm afraid that we'd end up engaging in our 'savior' shenanigans at best. But encouraging empathy is generally a good idea so IDK [#critlib](#)
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? [#critlib](#)

♡ 13 1:51 AM - May 9, 2018



[See Jessica Schomberg's other Tweets](#)





liz chenevey
@gnomadlibrarian



Definitely! Even psych faculty I work with do not act as therapists for their students. They refer them to professional therapists & counselors. We have no business playing that role. #critlib
[twitter.com/Sam_Winn/statu...](https://twitter.com/Sam_Winn/status...)

Sam @Sam_Winn

A4 I think librarians should have professional training that helps them make humane and empathetic choices in our scope of practice. We should not pretend to be therapists lest we royally screw up a job we're not qualified for.#critlibtwitter.com/midnorthwest/s...

♡ 4 1:52 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Hailley Fargo
@hailthefargoats



A5.2: Continue to learn the landscape of resources and partners across campus so I can help build bridges between those resources and the students I interact with #critlib

♡ 4 1:52 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)



Kate Crowe 🌿🍂🍁
@kcrowe



A5. As an adjunct faculty member and in my faculty library role I openly discuss my mental health issues, as a grad student and now, as a way of reducing stigma. I set firm boundaries with my grad students about their value (no free labor!) and how to self-advocate. #critlib
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q5. What do you do (or plan to do) to support student wellness on your campus? #critlib

♡ 15 1:52 AM - May 9, 2018



[See Kate Crowe 🌿🍂🍁's other Tweets](#)





Jessica Schomberg @schomj · May 9, 2018



A4. As a spoonie who's dealt with overbearing, well-meaning coworkers along with judgmental coworkers, I'm afraid that we'd end up engaging in our 'savior' shenanigans at best. But encouraging empathy is generally a good idea so IDK #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q4. Should librarians be trained to support student wellness? Alternatively, should libraries make student wellness a priority? #critlib



Dr. April C. Armstrong
@AprilCArmstrong

This is a worthwhile point. Truly helpful people have the humility to recognize their limitations and the sensitivity to understand when it isn't wanted. #critlib

♡ 4 1:53 AM - May 9, 2018



[See Dr. April C. Armstrong's other Tweets](#)



madison
@beastlibrarian



I acknowledge libraries and librarians are not equipped to solve all of the student wellness issues our students and our universities will come up against, and that's ok. #critlib

♡ 9 1:53 AM - May 9, 2018



[See madison's other Tweets](#)



Jessica Schomberg
@schomj



A3. It's almost always divorced from the sociopolitical realities that have created or exacerbated the unwellness #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? #critlib

♡ 14 1:54 AM - May 9, 2018



[See Jessica Schomberg's other Tweets](#)





Kristina Williams
@midnorthwest



A5: I leave my own stress at the door when working with students #critlib

♡ 9 1:54 AM - May 9, 2018



See Kristina Williams's other Tweets



Kate Crowe 🌿🍂🍁 @kcrowe · May 9, 2018



A5. As an adjunct faculty member and in my faculty library role I openly discuss my mental health issues, as a grad student and now, as a way of reducing stigma. I set firm boundaries with my grad students about their value (no free labor!) and how to self-advocate. #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q5. What do you do (or plan to do) to support student wellness on your campus? #critlib



Kate Crowe 🌿🍂🍁 @kcrowe

A5.2. I stand up for staff/students who are being treated unfairly or inequitably - I back them up, and I advocate for them at higher levels where I can. I make sure work is meaningful and serves org & prof goals. #critlib

♡ 11 1:55 AM - May 9, 2018



See Kate Crowe 🌿🍂🍁's other Tweets



Kristina Williams
@midnorthwest



Thanks for tuning in, ya'all! Any closing comments or feedback on the session tonight? #critlib #critlib

♡ 2 1:56 AM - May 9, 2018



See Kristina Williams's other Tweets





Steven R. Harris
@srharris19



#critlib A5. Be caring, empathetic, humane, aware, and know what the referral options are. Offer good service for what they are seeking in the Library. And throw in some opportunities for fun.

♡ 11 1:56 AM - May 9, 2018



See Steven R. Harris's other Tweets



Greg Bem
@bembrarian



A5. Continue to make an effort to learn who is on my campus. Primarily students, but also other employees and other community members. I want to learn names, backgrounds, and investigate contexts and implications in my current position and any future positions I hold.

#critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q5. What do you do (or plan to do) to support student wellness on your campus? #critlib

♡ 5 1:57 AM - May 9, 2018



See Greg Bem's other Tweets



madison @beastlibrarian · May 9, 2018



Q2 random: couldn't stand instructors who treated students like college had to be #1 priority. They had no idea what was going on in my life. worked 2-3 jobs. was taking care of my dad when he was diagnosed w 2 forms of cancer. Sorry, school was not #1 priority. 😞 #critlib



Abigail Phillips
@abigailleigh

Very late to the conversations: As an instructor I realize that students have lives. Sometimes difficult ones. I try to make the educational experience understanding of that.

#critlib

♡ 8 1:58 AM - May 9, 2018 · Milwaukee, WI



See Abigail Phillips's other Tweets





Kristina Williams @midnorthwest · May 9, 2018



Thanks for tuning in, ya'all! Any closing comments or feedback on the session tonight? #critlib #critlib



romel espinel
@CUDJOE70

I was just viewing tonight but great discussion. While we can't solve all the issues students face we must show empathy and let them know we're there for them. Thanks all #critlib

♡ 8 1:58 AM - May 9, 2018



[See romel espinel's other Tweets](#)



madison
@beastlibrarian



A5 Encourage students and student workers to take care of their individual wellness needs. I try to model it and be open about mine. I don't want anyone to feel ashamed or like they're a bad person for putting their health and wellness before their job. Please do! #critlib

♡ 46 1:58 AM - May 9, 2018



[See madison's other Tweets](#)



liz chenevey
@gnomadlibrarian



A5. lol I keep answering q's before they get posted. I am learning about Trauma Informed practices to integrate into my work. I will cont to (try my best to) be an empathetic listener & facilitator for students/faculty/colleagues & to be proactive w/sharing pronouns #critlib

♡ 9 1:58 AM - May 9, 2018



[See liz chenevey's other Tweets](#)





Jessica Schomberg
@schomj



A5. Well, I've been a pestering nag about getting a truly accessible, all gender bathroom added to the library building. Because being able to pee safely is a wellness issue. And... It's been added to the budget and construction starts in December! [#critlib](#)
twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q5. What do you do (or plan to do) to support student wellness on your campus? [#critlib](#)

♡ 69 1:59 AM - May 9, 2018



[See Jessica Schomberg's other Tweets](#)



Kate Crowe 🌿🍂🍁 @kcrowe · May 9, 2018



Replying to @kcrowe

A5.2. I stand up for staff/students who are being treated unfairly or inequitably - I back them up, and I advocate for them at higher levels where I can. I make sure work is meaningful and serves org & prof goals. [#critlib](#)



Kate Crowe 🌿🍂🍁
@kcrowe

A5.3. I make sure that even if I can't make change happen, ppl know I've heard them & I haven't ignored their concerns. I remember how much that meant to me when I was a student worker. I make sure they know how to document inappropriate behavior and how to report. [#critlib](#)

♡ 8 1:59 AM - May 9, 2018



[See Kate Crowe 🌿🍂🍁's other Tweets](#)



Hailley Fargo
@hailthefargoats



Thanks for leading a wonderful chat @midnorthwest it was great to dig into this topic! [#critlib](#)

♡ 6 2:00 AM - May 9, 2018



[See Hailley Fargo's other Tweets](#)





Maureen
@librarymaureen



One of the things I've noticed about working for an architecture college library is how deeply engrained the culture of sleep deprivation and overwork are before a deadline. It could stop every year, but instructors perpetuate insane demands [#critlib](#)

♡ 74 2:00 AM - May 9, 2018



[See Maureen's other Tweets](#)



Patricia Hswe
@pmhswe



My thanks, too! Lots of good questions to ponder and address in librarianship. [#critlib](#)
twitter.com/CharissaAPowel...

♡ 4 2:01 AM - May 9, 2018



[See Patricia Hswe's other Tweets](#)



Steven R. Harris
@srharris19



[#critlib](#) Q-steve: to what extent are libraries a cause of some unwellness for students? [#stress](#) etc.

♡ 2 2:01 AM - May 9, 2018



[See Steven R. Harris's other Tweets](#)





liz chenevey
@gnomadlibrarian



Oh gosh, when I trained student workers, I always told them to take care of themselves & that I backed them up. Working w/the public, esp when they are your peers is SO hard, & they often 1. don't get enough credit & 2. have the opportunity to step back [#critlib](#)
twitter.com/beastlibrarian...

madison @beastlibrarian

A5 Encourage students and student workers to take care of their individual wellness needs. I try to model it and be open about mine. I don't want anyone to feel ashamed or like they're a bad person for putting their health and wellness before their job. Please do! [#critlib](#)

♡ 6 2:01 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



madison
@beastlibrarian



Thanks to co-moderators [@midnorthwest](#) & [@hailthefargoats](#) for leading the way on this discussion and for doing allllll the planning! I hope we can keep in the conversation going! Happy to chat more with folks in future. [#critlib](#)

♡ 7 2:02 AM - May 9, 2018



[See madison's other Tweets](#)





Kate Crowe 🌿🍂🍁
@kcrowe



Seriously, if you can make sure that your student employees know that they're not nuts, that behavior they see is part of a pattern, that you & they are a team that is working to make sure the behavior doesn't recur, that can be empowering, or at least not crazy making. [#critlib](#) [twitter.com/kcrowe/status/...](#)

Kate Crowe 🌿🍂🍁 @kcrowe
Replying to @kcrowe

A5.3. I make sure that even if I can't make change happen, ppl know I've heard them & I haven't ignored their concerns. I remember how much that meant to me when I was a student worker. I make sure they know how to document inappropriate behavior and how to report. [#critlib](#)

♡ 9 2:02 AM - May 9, 2018



[See Kate Crowe](#) 🌿🍂🍁's other Tweets



Greg Bem
@bembrarian



Tonight's [#critlib](#) should be normal conversation. I envision folks continuing with so many of these great ideas on and on . . . thanks to everyone for contributing :)

♡ 7 2:05 AM - May 9, 2018



[See Greg Bem's other Tweets](#)





liz chenevey
@gnomadlibrarian



Thank you @hailthefargoats & @midnorthwest for moderating a great chat! I'm glad I caught it in time. 😊
[#critlib](#)



♡ 4 2:08 AM - May 9, 2018



[See liz chenevey's other Tweets](#)



Melissa DeWitt
@Badgersssss



Missed the [#critlib](#) chat (had to eat some tacos), but I'm interested in reading the responses as both a grad student and new professional.

♡ 7 2:12 AM - May 9, 2018



[See Melissa DeWitt's other Tweets](#)



Nicole Helregel
@nhelregel



Had to work late and missed [#critlib](#) chat but am looking forward to catching up on the discussion - libraries definitely have a role to play in student wellness, especially in collaboration with other campus units/groups

♡ 4 4:14 AM - May 9, 2018



[See Nicole Helregel's other Tweets](#)





Harri Ollikainen
@harriolkn



A3. That most of it focuses on learning skills, time management, resilience, or even a certain kind of mindset to succeed etc., placing the burden solely on students. #critlib twitter.com/midnorthwest/s...

Kristina Williams @midnorthwest

Q3. What is something you find frustrating about how student wellness is discussed (or not discussed) on your campus or at your library? #critlib

♡ 3 5:01 AM - May 9, 2018



[See Harri Ollikainen's other Tweets](#)



Paul Jewell
@pdjewell



A5 talk to students about stress and what helps them: creative ideas board for #MentalHealthWeek @westernsydneyu #wellbeing #critlib



♡ 7 7:12 AM - May 9, 2018 · Sydney, New South Wales



[See Paul Jewell's other Tweets](#)





Jade
@bjaded90



issues to better support our students! They may not have anyone else to talk to! Sometimes we see these student at their lowest points: BE THERE FOR THEM! 2/2
[#critlib](#) [twitter.com/bjaded90/statu...](https://twitter.com/bjaded90/status...)

Jade @bjaded90

Can we say it louder for the people 🙌 in 🙌 the 🙌 back! I was talking about my own anxiety while a student was stapling her final exam. She stopped, looked at me, & said: "oh that is just not me that it happens to?". Not only do we have to care but we need to open about this 1/2
twitter.com/curlsinthelib/...

♡ 1:10 PM - May 9, 2018



[See Jade's other Tweets](#)



Jade
@bjaded90



So sad that I missed out on last night's [#critlib](#) about student wellness. Going to catch up on this great convo now!

♡ 1:11 PM - May 9, 2018



[See Jade's other Tweets](#)



Jade
@bjaded90



Replying to @curlsinthelib

This is so true. I often see what I like to call "casual drug deals" (i.e. hey can I get some of your Adderall). This is problematic in so many ways but at the root of it is students are finding ways to cope that are often creating unhealthy habits! [#critlib](#)

♡ 1:14 PM - May 9, 2018



[See Jade's other Tweets](#)





Jade
@bjaded90



Replying to @curlsinthelib

Also. I thought it was awesome our university did a piece recently about a recovering drug addict who is a student and leads meditations on campus for students (especially those struggling with these issues!). [#critlib](#)

♡ 1:15 PM - May 9, 2018



[See Jade's other Tweets](#)



Jade
@bjaded90



[@readingenvy](#) check out last night's [#critlib](#) discussion. it is on student wellness and some talk about incorporatingmindfulness

♡ 2 1:28 PM - May 9, 2018



[See Jade's other Tweets](#)



Amanda Meeks
@A_meeksie



I sadly missed [#critlib](#)! I'm working on building up a "network of care" for students on my campus to help w mental health & inclusivity issues; had counseling services come to the lib last week to educate & share resources on issues students face & it was a great discussion.

♡ 5 1:43 PM - May 9, 2018



[See Amanda Meeks's other Tweets](#)



Courtney A. Hunt
@courtneyahunt



Reading through last night's [#critlib](#) chat and feeling really inspired by librarians trying to create wellness spaces for students within the library.

♡ 1:46 PM - May 9, 2018



[See Courtney A. Hunt's other Tweets](#)





Kelly
@kellymce



Since I missed the [#critlib](#) chat last night, I wrote a kind of ramble about student wellness and community care: kellymce.info/bloggy/2018/5/...

♡ 9 6:07 PM - May 9, 2018



See Kelly's other Tweets



Josh
@NeoMediaLuddite



Q3: What I find frustrating is the superficial dialogue on mental health/illness. Petting puppies is certainly wonderful, be not the be all, end all for helping students handle their stress. [#critlib](#)

♡ 2 1:34 AM - May 10, 2018



See Josh's other Tweets



Josh @NeoMediaLuddite · May 10, 2018



Q3: What I find frustrating is the superficial dialogue on mental health/illness. Petting puppies is certainly wonderful, be not the be all, end all for helping students handle their stress. [#critlib](#)



Josh
@NeoMediaLuddite

cont: in rewriting our student employee handout, I made it a point that our library values its student employees, their contributions/labor at the library and we value their well-being. If they need to take a day for their health, the library understands and encourages [#critlib](#)

♡ 1:36 AM - May 10, 2018



See Josh's other Tweets





Josh @NeoMediaLuddite · May 10, 2018



Q3: What I find frustrating is the superficial dialogue on mental health/illness. Petting puppies is certainly wonderful, be not the be all, end all for helping students handle their stress. #critlib



Josh
@NeoMediaLuddite

students to do so. #critlib

♡ 1:36 AM - May 10, 2018



[See Josh's other Tweets](#)



Jessica Schomberg @schomj · May 10, 2018



Replying to @NeoMediaLuddite

At first, I seriously thought this was in reference to another twitter chat going on right now because... it relates to so much, really



Josh
@NeoMediaLuddite

oh really, curious to know about the other convo. I was just catching up on some of the comments and questions from #critlib

♡ 1:40 AM - May 10, 2018



[See Josh's other Tweets](#)



Josh
@NeoMediaLuddite



Q2: I hear quite a few conversations among students about peers who are sleeping in their cars, or do not have a place to go. I would to see our campus investigate homelessness among students and develop a plan to provide shelter #critlib

♡ 1 1:49 AM - May 10, 2018



[See Josh's other Tweets](#)

